

Workshops programme 2022 - 2023

Here is our workshops programme for the coming school year.

Please, fill in the enrolment form at the end of this document and return it to us in order to ensure that your child's enrolment is processed.

The activities will start on Monday September 5th.

Places will be given on a first come, first served basis.

To participate in the workshops, it is required to be toilet trained.

Monday: cooking in English with Kate.

For children from 3 years old, a weekly group workshop on Mondays from 5 to 6 pm. Maximum 9 children.

Throughout the year Kate will be proposing a new recipe each week, to be made entirely by the children themselves. Each child will have a personalised apron and their own equipment. This workshop will be in English and the year's recipes will be made into a book that the children will receive at the end of the year so that they can make the same recipes at home !

Tuesday: introduction to music with Paul.

For children from 3 years old - weekly group activity on Tuesdays from 5 to 6 pm. Maximum 8 children

Designed to accompany children in their first musical steps, this workshop will develop creativity, curiosity and instrument- playing during five distinct periods throughout the year :

- Sept/Oct: discovering the different families of instruments, and learning how they are played.
- Nov/ Dec: making their own instruments.
- Jan/Feb: creating rhythms and songs using their home-made instruments.
- March/April: singing solo, learning how to use the microphone, listening to choirs sing to discover how emotions can be transferred to a song.
- May/June: Introduction to the piano.

These varied sessions, enabling the children to discover the various aspects of music in a fun way adapted to young children, will be accompanied by a notebook presenting the activities, along with an introduction to reading music (solfege)

Wednesdays: Musical theatre workshop in English with Paul and Kate

For children from 3 years old, a weekly group session of one hour on Wednesdays from 9:30 to 10:30 am.

Maximum 12 children

Throughout the year, for an hour and a half every Wednesday, the children will have the opportunity to use their artistic talents to create the decor and props needed by the Wednesday musical theatre group. Painting, collage, theatre games, creating props - and all in English! This group of children will have the pleasure of watching the production come to life during the show at the end of the year.

Wednesdays: art and craft workshop in English with Paul and Kate.

For children from 3 years old, weekly group session of one hour 30 mins on Wednesday from 10:30am until noon.

Maximum 12 children

Throughout the year, for an hour and a half every Wednesday, the children will have the opportunity to use their artistic talents to create the decor and props needed by the Wednesday musical theatre group. Painting, collage, theatre games, creating props - and all in English! This group of children will have the pleasure of watching the production come to life during the show at the end of the year.

Thursday: games in English with Kate.

For children from 2 1/2 years, a weekly group session on Thursday from 5 to 6 pm

Maximum 12 children

Throughout the year, Kate will propose a variety of games in English every Thursday, with the themes changing as follows:

- Sept/Oct: sports and collective/team games such as ball games, baseball, hockey, as well as classic games like Tag, What's The Time, Mr Wolf?, hopscotch etc.
- Nov/Dec: board games. The classics of course, but also new games that will help the children learn to follow the rules, to take turns, to share, to win... and to lose!
- Jan/Feb: dance and theatre improvisation. This will help children to overcome their shyness and inhibitions, and learn to enjoy using their body to express themselves and interpret a role, all while having fun and encouraging other members of the group.
- March/April: yoga and meditation. Using an innovative and playful method, the children will be introduced to yoga, breathing techniques, and meditation, while working on their first postures, suppleness, concentration and relaxation.
- May/June: agility and obstacle courses. The children will have great fun learning how to realise their potential while creating their own obstacle courses, taking their first steps in climbing, and trying out a suspended obstacle course, specially chosen for them!

Enrolment form workshops 2022/2023

Snack in the garden is available for €6 each instead of €10 when followed by an activity

You may enrol for an activity on a termly basis. Places will be attributed on a first come, first served basis.

I, the undersigned....., parent of.....

wish to enroll my child to the following workshop(s):

- Monday cooking in English - 195€ per term
 - Music on Tuesday 250€ per term
 - Wednesday morning: Musical Theater in English: 195€ per term
- I would like my child to attend from 9am: Yes No
- Wednesday morning: Creativity and art in English: 195€ per term
 - Play games in English: 195€ per term

Date :.....

Signature of the parents :