

Here is our workshops programme for the coming school year.

Please, fill in the enrolment form at the end of this document and return it to us in order to ensure that your child's enrolment is processed.

The activities will start on Monday September 9th.

Places will be given on a first come, first served basis.

To participate in the workshops, it is required to be toilet trained.

Monday: cooking in English with Kate.

For children from 3 years old, a weekly group workshop on Mondays from 5 to 6 pm.

Maximum 9 children.

Throughout the year Kate will be proposing a new recipe each week, to be made entirely by the children themselves. Each child will have a personalised apron and their own equipment. This workshop will be in English and the year's recipes will be made into a book that the children will receive at the end of the year so that they can make the same recipes at home !

Tuesday: introduction to music with Paul.

For children from 3 years old - weekly group activity on Tuesdays from 5 to 6 pm

Maximum 8 children

Designed to accompany children in their first musical steps, this workshop will develop creativity, curiosity and instrument- playing during five distinct periods throughout the year :

- Sept/Oct: discovering the different families of instruments, and learning how they are played.
- Nov/ Dec: making their own instruments.
- Jan/Feb: creating rhythms and songs using their home-made instruments.
- March/April: singing solo, learning how to use the microphone, listening to choirs sing to discover how emotions can be transferred to a song.
- May/June: Introduction to the piano.

These varied sessions, enabling the children to discover the various aspects of music in a fun way adapted to young children, will be accompanied by a notebook presenting the activities, along with an introduction to reading music (solfege)

Wednesday Music and English with Paul and Kate

For children from 2 years old : weekly group session on Wednesday, from 9h to noon (maximum 15 children).

Throughout the morning, the children will take part in a variety of activities, such as games, cooking, drawing and painting in English with Kate, who will encourage everyone to speak and interact in English, and Paul will lead them in musical interludes and instrumental discoveries. A fun-filled break in the middle of the week. At the end of the year, a short animation of these sessions will be presented to the families.

Games with Kate

For children from 2 1/2 years, a weekly group session on Thursday from 5 to 6 pm

Maximum 12 children

Throughout the year, Kate will propose a variety of games in English every Thursday, with the themes changing as follows:

- Sept/Oct: sports and collective/team games such as ball games, baseball, hockey, as well as classic games like Tag, What's The Time, Mr Wolf?, hopscotch etc.
- Nov/Dec: board games. The classics of course, but also new games that will help the children learn to follow the rules, to take turns, to share, to win... and to lose!
- Jan/Feb: dance and theatre improvisation. This will help children to overcome their shyness and inhibitions, and learn to enjoy using their body to express themselves and interpret a role, all while having fun and encouraging other members of the group.
- March/April: yoga and meditation. Using an innovative and playful method, the children will be introduced to yoga, breathing techniques, and meditation, while working on their first postures, suppleness, concentration and relaxation.
- May/June: agility and obstacle courses. The children will have great fun learning how to realise their potential while creating their own obstacle courses, taking their first steps in climbing, and trying out a suspended obstacle course, specially chosen for them!

Enrolment form workshops 2024/2025

Snack in the garden is available for €6 each instead of €10 when followed by an activity

You may enrol for an activity on a termly basis. Places will be attributed on a first come, first served basis.

I, the undersigned....., parent

of.....

wish to enroll my child to the following workshop(s):

Monday cooking in English - 210€ per term

Music on Tuesday 210€ per term

Wednesday morning: Music in English: 350€ per term

Games with Kate: 210€ per term

Date :.....

Signature of the parents :